

Chances are you are another one of the millions of **victims** of 'salt' disinformation

The indiscriminate use of the word 'salt' has fooled many and killed many.



Special mention about Magnesium

What you will learn from this presentation

- There is faked salt and true salt.
- Salt is not just about sodium/potassium/calcium. **IT IS ABOUT magnesium and trace minerals too which have been sinisterly avoided as a topic by mainstream medical media.**
- Salt linkage to chronic diseases such as those involved with the circulatory system (heart, blood pressure, vascular health, etc.) and cranial-neurological system (neurons, brain, etc.) and osteo-musculature system (bone, ligaments, tendons, etc.) is not so much about sodium/potassium and/or calcium/Vitamin D balance. **There has been a “multi-billion dollar” distraction going on.**
- Get you hands on true salt and avoid the faked salt.
- **Chronic diseases have quite a handsome bit of linkage to magnesium deficiency.**

You could be another one of the **millions of people** around the world living the modern lifestyle in metropolitans, cosmopolitans, big cities and towns, with the impression that
**‘SALT’ CAN POTENTIALLY BE
BAD FOR HEALTH.**

It’s time you clear your misconceptions brought about by much disinformation, skewed and biased reporting, and ‘unspoken truths’ in the media reports regarding the good ol’ salt.

What's the definition of salt

- The term 'salt' has been cleverly being used to solely apply specifically to Sodium Chloride (NaCl) in most situations of discussions regarding table salt, kitchen salt, and salt used in processed foods.
- This undue narrow reference to only NaCl as 'salt' is grossly **INCORRECT** as the term 'salt' encompasses a host of beneficial minerals harvested from the sea, and NaCl is just one of the many constituents of 'salt'.
- Strangely, the term 'salt' has sort of been (or engineered to be) monopolized by NaCl and this has done much harm to the **TRUTH** of salt as an essential component in the human diet.
- It is even stranger that the medical media still link the term 'salt' to NaCl *per se*, in discussions about 'salt' and this has influenced a whole generation of disinformed people.

Disinformation about salt

- There is no purposeful differentiation in the mainstream official medical media of what salt is being referred to when discussing the bad effects of salt on human health.*
- The term 'salt' is presumptively been monopolized by manufacturers of processed salt as salt, and no clear mention is made as to the difference between processed salt, refined salt, true salt, etc.
- **The true picture of salt as being composed of no less than 60-70 types of minerals is never featured in the backdrop of discussions which demonize salt.**

Is there something 'nasty' going on for years?

- Edible non-toxic vital trace minerals (to human health as well as animal health) found in sea salt are **valuable to health supplement manufacturers.**
- True salt easily 'wets' (when exposed to air), while faked salt remains dry. Is the convenience of a salt-shaker a ruse and/or being capitalized to turn out generations of unhealthy populace.



Real salt

- Salt, by the actual name of its origin, is a product of the sea, and not from man-made laboratories. **It is highly unethical for any business entity to refine salt to be devoid of trace minerals and deliver to you 99% or 100% NaCl.**
- So when you see the term 'salt' your mind should expand further than just assuming salt as NaCl.
- An example of the composition of sea salt:
Cut and paste this link into your browser:
<http://invocation.ca/cms/media/pdf/Article%201%20-%20Sea%20Salt%20composition.pdf>
- An example of the goodness of sea salt:
Cut and paste this link into your browser:
<http://www.slideshare.net/mygoldvest/bamboo-salt-and-your-health>

Yes, some of you could have
guessed it right by now...*

The core issue is 'salt' has been **faked** to
become the common consumer salt.

In this presentation the term salt in
parenthesis ('salt') is referring to the faked salt.

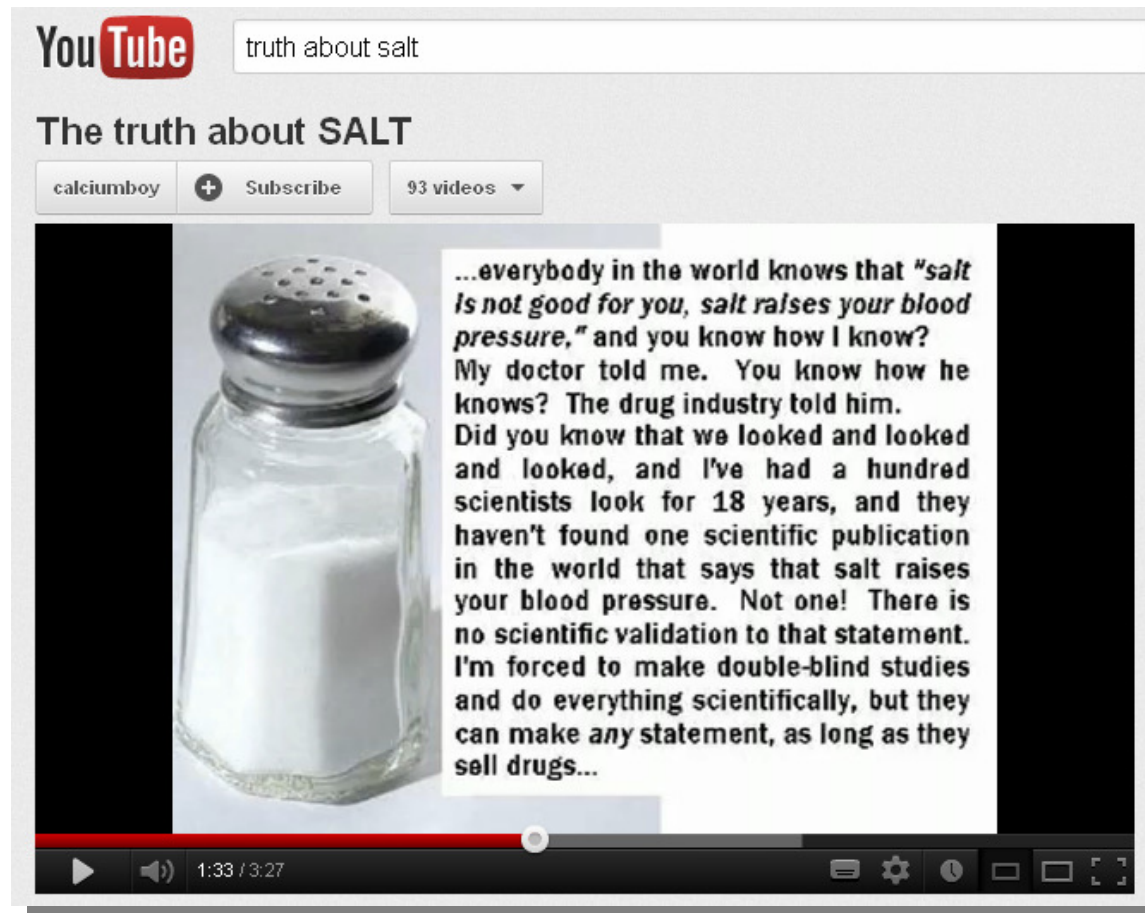
* A similar situation in the disinformation regarding sugar: The faked sugar is the super-refined sugar. Molasses and complex sugars contain lots of minerals. Possibly the minerals in molasses are harvested to be sold to minerals supplement manufacturers.

'Salt' and its alleged 'bad' effects

- Many contentious arguments have been put forth on the link between 'salt' and hypertension, stroke, kidney failure, and other chronic diseases, especially to do with the circulatory system. It is the fake 'salt' which they are talking about.
- These contentious arguments apply only to NaCl which has after all replaced natural sea salt in the modern lifestyle.
 - The salt shaker on dining tables in modern homes probably contain a high percentage of NaCl
 - The salt dispenser in modern kitchens could be delivering designer-salt: pure NaCl with a dash of potassium and iodides.
 - The processed food manufacturers is highly suspect in using pure NaCl instead of true sea salt.
- So, it is processed salt (as in processed sugars) which is actually the root of health problems, NOT true sea salt.

Salt the cause of health problems?

- Cut and paste this link into your browser:
http://www.youtube.com/watch?v=_MgVRFVujos



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...everybody in the world knows that *"salt is not good for you, salt raises your blood pressure,"* and you know how I know? My doctor told me. You know how he knows? The drug industry told him. Did you know that we looked and looked and looked, and I've had a hundred scientists look for 18 years, and they haven't found one scientific publication in the world that says that salt raises your blood pressure. Not one! There is no scientific validation to that statement. I'm forced to make double-blind studies and do everything scientifically, but they can make *any* statement, as long as they sell drugs...

1:33 / 3:27

The difference in natural salt

- Cut and paste this link into your browser:

<http://www.youtube.com/watch?v=SlxgZ8qOoAM&feature=related>



Get the true salt. Just avoid 'salt'.

- Cut and paste this link into your browser:

<http://www.youtube.com/watch?v=B7gmBRB2dPM&feature=related>



Magnesium in natural salt

- Magnesium is the least mentioned among the various key minerals vital to good health by the mainstream medical media. Too much attention has been placed on Sodium, Potassium, and Calcium. It could be a purposeful distraction.
- Natural salt is a good source of trace minerals notably magnesium, a vital mineral in heart muscle health, metabolism, and energy derivation.
- However the common salt available in the market is severely lacking in this mineral, not to mention the other vital trace minerals*.

* It is highly suspect that the trace minerals are harvested by certain salt manufacturers to be sold as colloidal minerals which you can buy off the shelf in some countries, and it is all about unscrupulous business tactics.

Magnesium deficiency

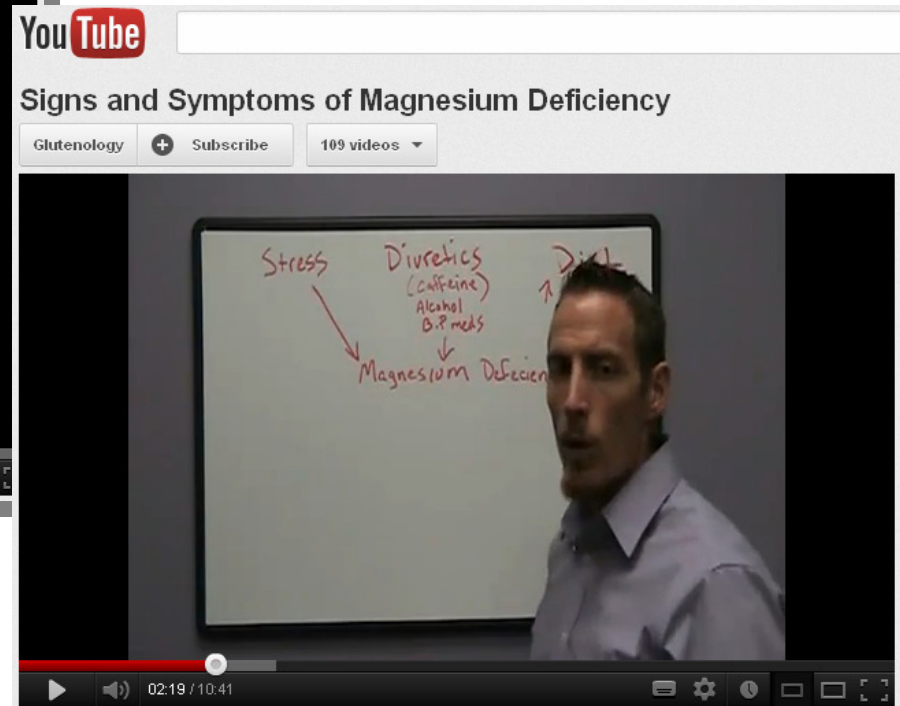
- Magnesium is a such a vital mineral but so little attention is given to it. Is it incredulous that magnesium deficiency is much more widespread and causes a wider range of chronic ailments than deficiency in sodium, potassium, and calcium.

Cut and paste the links into your browser:



<http://www.youtube.com/watch?v=eXhUeRFE-kg&feature=related>

<http://www.youtube.com/watch?v=3wtUn1gWgaw&feature=related>



Some key adverse effects of magnesium deficiency

IMPACT ON...	Examples of primary effects	Examples of secondary effects
Cranial-neurological system	Poor neuron health, poor brain health	Depression, sleeplessness, agitation, migraine , aches and pains, cranial-neurological afflictions.
Circulatory system	Vaso-constriction	High-blood pressure
	Agglutination of platelets	Thrombosis
Osteo-musculature system	Impact on bone marrow and bone mass	Poor bone mass, bone loss (osteoporosis), dystrophy, fibromydgia, cramps, adverse impact on components of blood.
	Stress at muscles, tendons, ligaments	Spasms, swollen heart, joint pains, heart arrest.
Endocrine system	Hormonal imbalance	Depression, premenstrual syndrome
Gastro-intestinal system	Impacts HCl production, enzyme and catalyst functions	Poor digestion, poor appetite, diarrhea, vomiting, nausea, constipation, poor nutrient absorption.
Metabolic process	Poor energy derivation	Lethargy, chronic fatigue syndrome, constipation.
Immune system	Body defense malfunction	Pathogenic fungal growth to compound bacterial and viral proliferation. Chronic diseases.

There are about 90 recorded ailments stemming from magnesium deficiency.

Conclusion

- You are strongly advised to get informed about true salt and the trace minerals vital to health.
- If you are having a chronic condition and on medication, you can try using true salt to replace the commercial 'salt' which is almost pure NaCl. Before you do that, benchmark your current indices by doing a blood test. After taking true salt for about 2-3 weeks, do a blood test again. Chances are you will be surprised by the results.
- **Avoid supplements of Calcium/Magnesium off-the-shelf; you would rather just take true salt as it contains a wide-spectrum of the various vital minerals needed for health.**

More information

Cut and paste this link into your browser:

- **Korean Bamboo salt**

<http://www.slideshare.net/mygoldvest/bamboo-salt-is-essential-for-health>

- **Elemental composition of commercial sea salts**

<http://www.rudyv.be/Aquarium/sels.pdf>

- **Salt that heals and salt that kills**

<http://curezone.com/foods/saltcure.asp>

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Mycoalkonics is about the bionics of control of pathogenic fungi (myco) proliferation in the internal human body with an aim to relieve degenerative early attack on total health (D.E.A.T.H.). It explains the fundamentals about the ONE INFECTION MANY DISEASES. ONE SOLUTION MANY USES.